

optimal nutritional care for all

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16 countries, One campaign

**European experts, patients and country delegations meet in Bled, Slovenia
for the 4th "Optimal Nutritional Care for All" conference, 13 & 14 November, 2017**

Monday, November 13, 2017, Mrs. Milojka Kolar Celarc, Minister of Health, Republic of Slovenia, welcomes delegates of 16 European countries in Bled, Slovenia for the fourth international conference 'Optimal Nutritional Care for All'. European Parliament member Igor Soltes will talk about *'How locally produced food can be more sustainable and meet nutritional needs of the vulnerable'*.

- 33 million adults in Europe are at risk of malnutrition/undernutrition¹.
- Patients with chronic diseases who also suffer from disease related malnutrition, require significantly greater resource use, estimated to cost European healthcare systems €170 billion each year².
- Optimal Nutritional Care for All (ONCA) supports implementation of nutritional risk screening and good nutritional care across all European countries.
- Full implementation of ONCA will significantly drive quality of care, improve patients' health and reduce costs.

'Optimal Nutritional Care for All' is a concerted action programme by 16 national alliances to improve nutritional risk screening and nutritional care across Europe. The national alliances bring together health care professionals, patients groups, Ministries of Health and other key stakeholders in health.



The ONCA programme

- contributes to improved prevention and health care
- drives public-private collaboration in nutrition and health across Europe
- supports making nutritional care an integral part of health and health care
- creates continuous innovation by sharing good practices among the countries.

¹ Ljungqvist O, van Gossum A, Sanz ML, de Man F. The European fight against malnutrition. Clin Nutr 2010;29:149-50.

² Ljungqvist O, de Man F. Undernutrition: a major health problem in Europe. Nutr Hosp 2009;24:369-70.

'It is an important step and great opportunity to work together as patients on the new agenda for the upcoming years' reported delegates at the European Patient Conference on Nutrition, June 2017 in Brussels. The European Patient Forum (EPF) is a key partner in the campaign.

EPF chair Marco Greco closed the conference by stating that *'Nutrition, nutritional care and the collaboration with the ONCA campaign are one of EPF's key priorities for the upcoming years'*.



About the European Nutrition for Health Alliance

ENHA is a multi-stakeholder platform operating at European level that helps to guide and coordinates the Optimal Nutritional Care for All campaign. ENHA promotes implementation of nutrition risk screening, public awareness, partnership working, policy development and health education and training for better nutritional care across Europe. ENHA is co-chaired by Professor Olle Ljungqvist, representing the European Society for Clinical Nutrition and Metabolism (ESPEN) and Professor Cornel Sieber, representing the European Geriatric Medicine Society (EUGMS) and the International Association of Gerontology and Geriatrics for the European region (IAGG). ENHA is a charity and has a board of trustees that is responsible for decision making. See the group of members and partners above. More information about ENHA at www.european-nutrition.org.

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