

# "Nutrition without Borders": the recipe comes to life!

# Madrid, Spain - 3 September 2018:

Every year, the ESPEN-ONCA-MNI Joint Session gathers experts to discuss ways to deliver better nutritional care to patients. During the 2018 ESPEN Congress, experts explored the theme 'Nutrition without borders' with an audience of 3800 healthcare professionals and looked at a recipe for good nutritional care across borders:

Screening for malnutrition, patient-centered guidelines, good practice sharing, and education are key ingredients to ensure optimal nutritional care for patients across borders.

Frank de Man, from the Optimal Nutritional Care for All Campaign (ONCA) reminded the audience of the importance of multi-stakeholder cooperation and invited the community to contribute to, and to use the repository of good practices available on the ONCA website.

In the words of André Van Gossum, ESPEN Chairman: "ESPEN is constantly engaged in developing state of the art clinical nutrition guidelines that translate the evidence base into quality care to meet patients' needs. Many guidelines are in the pipeline in 2018 and 2019, which will undoubtedly contribute to the improvement of clinical practice."

Nicola Bedlington, Secretary General of the European Patient Forum, stressed the need to involve patients *"To improve patient care across countries, we need internationally approved guidelines focusing on care that is respectful of individual patient needs and values and this is only possible by involving the patient at all levels."* 

Tim Meyerhoff – MNI President - closed the session by describing the role and responsibility of the Medical Nutrition Industry to nutrition across borders and introducing the winner of the  $10^{th}$  MNI Grant Award.

For more information about the ESPEN-ONCA-MNI Joint Session please visit the webpage: <u>https://medicalnutritionindustry.com/news/events/event/mniespen-2018/</u>

For any enquiries, please contact the MNI at: <a href="mailto:secretariat@medicalnutritionindustry.com">secretariat@medicalnutritionindustry.com</a>



# <u>ABOUT</u>

#### ESPEN

ESPEN is the European Society for Clinical Nutrition and Metabolism. The aims of ESPEN are to encourage the rapid diffusion of knowledge and its application in the field of Parenteral and Enteral Nutrition or, more broadly, Clinical Nutrition and Metabolism. It promotes experimental and clinical research, fosters high ethical standards of practice and investigation, and promotes contact between investigators and clinicians in related fields.

More information: <u>www.espen.org</u>

### **ONCA**

Launched in 2014, the Optimal Nutritional Care for All (ONCA) campaign is a multi-stakeholder initiative to facilitate greater screening for risk of disease-related malnutrition/undernutrition and nutritional care implementation across Europe.

The campaign supports national professional societies, associations and patient groups in public health and health care to implement nutritional risk screening and optimal nutritional care in their country.

More information: https://european-nutrition.org

#### MNI

The Medical Nutrition International Industry (MNI) is the voice of the medical nutrition industry at international level. MNI gathers companies that offer specialised nutritional solutions and services designed to meet the diverse nutritional needs of patients. We strive to put nutrition at the heart of patient care and we aim at an environment that provides fair access to nutritional care throughout the world. MNI is dedicated to advancing better care through better nutrition, across all ages and healthcare settings.

More information: <u>www.medicalnutritionindustry.com</u>

## EPF

The European Patients' Forum (EPF) was founded in 2003 to be the united collective voice of patients in EU health and social policy discourse. EPF currently represents 72 members, which are national coalitions of patient organisations and disease-specific patient organisations working at European level. EPF's vision for the future is that all patients with chronic and/or lifelong conditions in the EU have access to high quality, patient-centred equitable health and social care. Patient centred nutrition policy and practice is inherent to this vision

More information: <u>www.eu-patient.eu</u>